

GLOBAL ORGANISATION FOR DIVINITY AUSTRALIA

DETAILED INFORMATION TO PARENTS ABOUT THE EVENTS ON 17/2/18 & 18/2/18

INNER EXCELLENCE WORKSHOP FOR YOUTH TO BUILD RESILIENCE AND MINDFULNESS

G.O.D Australia has organised a **FREE** workshop on Building Resilience and Mindfulness for students in school year 5 – 12 on Saturday, 17 Feb 2018 in Sydney.

Resilience is the ability to cope and thrive in the face of challenges or adversity. In this workshop, children will learn about developing the right mindset towards cultivating resilience and dealing with stressful situations and about mindfulness meditation.

The workshop will be presented by Dr Janani Vasudevan from G.O.D India Trust. Dr Janani Vasudevan has closely worked with pre-teens, teens and adolescents in nurturing their life skills and mentoring them in an issue based manner. In this program, she will deal with building resilience in young minds, by helping them identify their needs and enriching them with effective ways in everyday life to having their needs fulfilled without having to face stress or distress.

Date: Saturday, 17 Feb 2018
Venue: Dundas community centre – Meeting Room, 21 Sturt Street, Telopea
Time: 4 – 6 pm (Students to arrive at 3.45 pm to complete registration)
Contact: Jayashree - 0420522629 or Usha – 0421120566

To register, please write to gopakuteeram@godivinity.org.au with the following details:

Full name of child
School year in 2018

Registrations close on 10 Feb 2018

ECO ART FEST INDIVIDUAL & TEAM COMPETITIONS

G.O.D Australia has organised an Eco Art Fest for students in KG – Year 12 on 18 Feb 2018 in Sydney with the aim to:

- create awareness of the implications of climate change for humanity
- inspire children, the future leaders to self-reflect on the need for change
- empower them with the scientific knowledge to practice new methods of sustainability and reduce individual carbon footprints

Date: Sunday, 18 Feb 2018
Venue: Dundas community centre Main hall, 21 Sturt Street, Telopea
Time: 3 – 6 pm (Students to arrive at 2.45 pm to complete registration)
Contact: Jayashree - 0420522629 or Usha – 0421120566
Fee: \$10 per Participating student – to be paid on the day of the event.

To register, please write to gopakuteeram@godivinity.org.au with the following details:

Full name of child
School year in 2018
Name of competition (e.g. Colour-in Art – Please refer to the flyer)

Registrations close on 10 February 2018

IMPORTANT GENERAL POINTS ABOUT THE COMPETITIONS

- **Individual competitions** are for students in KG – year 5
- **Team competitions** are for students in year 6 – 12. Students are encouraged to bring their friends to form teams for team competitions. We will also team up children on the day of the event if they register alone.
- Each participating student must register for the competition
- A panel of judges will decide on the top two/three entries for each competition
- Rules and criteria will be decided by the organising committee
- Decisions of the judges are final and cannot be disputed
- Views expressed by the students in the competitions are their own and do not reflect the views of the organisation
- No inappropriate or offensive material to be presented by participating students
- Winners in each competition will be announced after the team presentations.

INDIVIDUAL COMPETITIONS

Colour-in Art

Under the Sea: Our Great Barrier Reef For Kindergarten students

All children love animals. This art competition will help them to understand the damage to all the sea creatures due to human pollution and intervention, especially to the habitat of the Great Barrier Reef and to the Reef itself, a great Australian natural wonder.

We will provide:

- A white A4 colouring sheet depicting pencil sketch pictures of a scene under the sea for colouring-in by children

Students to bring:

- Art stationery – Crayons / colour pencils / felt pens / textas – any of these that they will use
- A clipboard or a A4 book to lean on
- Eraser

Children to colour-in the sheet with their art stationery.

Collage Art

Four Seasons

For students in School years 1 – 2

Through this art competition, students will learn about how the four seasons are changing and the reasons. We hope this will help them to be more aware of the steps they can take in their daily lives to bring in subtle changes.

We will provide the following:

- White A4 chart paper
- A4 sheet with pencil sketches of Sun, Leaf, Snowman and a Flower as examples of each of the four seasons
- colourful scrap paper and various craft material

Students to bring the following:

- Art stationery – Crayons / colour pencils / felt pens / textas – any of these that they will use

- Scissors (not sharp)
- Glue
- Eraser
- Ruler

Students to be creative about portraying the four seasons and the various things that happen during each season in the Chart paper with the given material. More instructions will be given on the day. NO pre-cut pictures from home are allowed.

Poster Art

Plant for the Planet

For students in School years 3 – 5

Deforestation is happening across the globe at an alarming rate for the purposes of mining, animal agriculture, urbanisation etc. contributing significantly to global warming. It is the need of the hour to plant more trees to combat the effect of mass land clearance and bring about ecological balance. Through this art competition, a child can express how planting more plants and trees will bring about this ecological balance and save the planet.

We will provide the following:

- White / Coloured A3 chart paper
- Colourful scrap paper

Students to bring the following:

- Art stationery – Textas, felt pens, pencils, Water or oil paint & brush – any of these that they will use
- Scissors (not sharp)
- Eraser
- Glue
- Ruler

Students to create a poster for the theme 'Plant for the Planet' using the above in a creative manner. NO pre-cut pictures from home are allowed. Students to reflect upon the benefits of planting more trees for the planet (supply of oxygen, prevention of soil erosion, providing home for birds and animals ,fruits and vegetables for all etc) when designing the poster.

TEAM COMPETITIONS

Creative Art

Climate Change: It's all on YOU

For students in School years 6 – 12

Climate change has become the most spoken about and the greatest environmental challenge for humanity today. Although we may broadly know the causes, the impact and small ways that we can help, in reality, there is much more to the picture than we realise. Every purchase, every movement and every bite we take has a carbon footprint that comes with it. Although significant, climate change is not simply restricted to just fossil fuels from factories to power our homes and petrol-powered vehicles on our roads. We will discuss an all-encompassing approach to climate change and as a result, we aim to inspire a greater understanding of just how far climate change really goes in relation to every human being, and create a stimulating discussion within teams including the most productive ways in which we can make a real difference and express their thoughts in a creative form that they are comfortable with.

We will provide the following:

- White sheets, pencils and pens for writing

Students to bring the following:

- A Clipboard or a book to lean on
- Scissors to make palm cards, where necessary
- CREATIVE BRAIN

TEAMWORK:

- Team of 3 – 4 students according to their age-group
- Following a general discussion on Climate change, age appropriate on-the-spot topics will be given with prep-time for the teams to work together to develop a presentation in a creative art form
- Creative art presentation can be in any of these forms - **Song / Rap / Dance / Drama / Poem / Public speaking – FOR 2-3 MINUTES ONLY**
- Each team to present to the judges and audience (either one person or all together – depending on which art form they choose to present).
- We encourage children to research on the topic of climate change and the various factors impacting it, so they are well prepared to respond to any topic given.